



Getting Your Dance Shoes

There are many different types and brands of shoes available in stores, in catalogues and on line. Here are a few guidelines:

Kinderdance Students:

Kinderdancers take a 45-minute class once weekly, with the majority of the class focused on introductory ballet movements, rhythm patterns and locomotor skills. The last portion of the class includes beginner tap movement. We like the students to wear a black leotard, pink tights and pink **split sole** ballet shoes. Black beginner tap shoes are allowed but not required. If you don't get tap shoes, any hard soled shoe that makes a sound when tapped on wood is ok.

Ballet and Tap Students

Black leotard, pink tights, Capezio or Bloch pink **split sole** ballet shoes, snug fit.

Black or tan flat tap shoes with taps attached.

Jazz/Hip Hop students:

Leotard and dance shorts or pants or tights. Dance shirts are ok as well. We prefer Capezio Foot Undeeze for jazz. For Hip hop tricks, sneakers are required - no special type, however sneakers must be worn.

Boys

Tee shirt and athletic pants, sneakers for Hip hop, black tap shoes for tap.

Ballet Shoe Guidelines: Fit: snug- these need to fit shape of foot. We prefer Capezio or Bloch pink split sole ballet shoes

Tap Shoe Guidelines: Fit, ok to be a bit big as long as they don't "kick" off.
Any brand is fine.

Jazz Shoe Suggestions: Capezio Foot Undeeze (Must wear footless tights)

Where to purchase:

L & M Dancewear Shop - Middlesex

The Dancer's Shop- Main Street, Somerville

GiGi's Dancewear, Rahway *coupons available on Face book page at facebook.com/cjdancegym

To order on line:

Dance Distributors 1-800-33-DANCE (2623) www.dancedistributors.com

Discount Dance Supply 1-800-328-7107 www.discountdancesupply.com